

Overt Aggression Scale

Modified from (S.C Yudofsky, J.M. Silver, W. Jackson, J. Endicott, D. Williams, 1986)**Instructions:** Please place an X on the right hand margin, check if they are currently present, occurred only in the past, or both.

	X	Aggressive Behavior (check all that apply)	Present	Past Only
		Verbal Aggression		
1)		Makes loud noises, shouts angrily		
2)		Yells mild personal insults, e.g. "You're stupid."		
3)		Curses viciously, uses foul language in anger, makes moderate threats to others or self.		
4)		Makes clear threats of violence towards others or self ('I'm going to kill you", or "I may just kill myself.)		
		Physical Aggression Against Objects		
5)		Slams door, scatters clothing, makes a mess.		
6)		Throws objects down, kicks furniture without scratching it or making marks in the wall.		
7)		Breaks objects, kicks in walls, smashes windows.		
		Physical Aggression Against Self		
9)		Picks or scratches skin, hits self, pulls hair (with no or minor injury only).		
10)		Bangs head, hits fist into objects, throws self onto floor or into objects (hurt self without serious injury).		
11)		Small cuts or bruises, minor burns.		
12)		Mutilates self, causes deep cuts, bites that bleed, internal injury, fracture, loss of consciousness, loss of teeth.		
		Physical Aggression Against Other People		
13)		Makes threatening gesture, swings at people, grabs at clothes.		
14)		Strikes, kicks, pushes, pulls hair (without injury to them).		
15)		Attacks others, causing mild to moderate physical injury (bruises, sprain welts).		
16)		Attacks others, causing severe physical injury (broken bones, deep lacerations, internal injury)		