

YBOCS

(Yale-Brown Obsessive-Compulsive Scale)

Children's Yale-Brown Obsessive Compulsive Scale, W. K. Goodman et al, second revision, 5/1/91

Place an X on the right hand margin, check if they are currently present, occurred only in the past, or both.

1) X	Contamination Obsessions -	Current	Past
	Concern with dirt, germs, certain illnesses (e.g., AIDS)		
	Concern or disgust with bodily waste or secretions (e.g., urine, feces, saliva)		
	Excessive concern with environmental contaminants (e.g., asbestos, radiation, toxic waste)		
	Excessive concern with household items (e.g., cleaners, solvents)		
	Excessively bothered by sticky substances or residues		
	Concerned will get ill because of contaminant		
	Concerned will get others ill by spreading contaminant		
	No concern with consequences of contamination other than how it might feel*		
2) X	Aggressive Obsessions -	Current	Past
	Fear might harm self		
	Fear might harm others		
	Fear harm will come to self		
	Fear harm will come to others (may be because of something child did or did not do)		
	Violent or horrific images		
	Fear of blurting out obscenities or insults		
	Fear of doing something else embarrassing*		
	Fear will act on unwanted impulses (e.g. to stab a family member)		
	Fear will steal things		
	Fear will be responsible for something else terrible happening (e.g. fire, burglary, flood)		

3)	X	Sexual Obsessions -	Current	Past
		Ask the child, "Are you having any sexual thoughts?" If yes,		
		"Are they routine or are they repetitive thoughts that you would rather not have or find disturbing?" If yes,		
		"Are they..."Forbidden or perverse sexual thoughts, images, or impulses		
		Content involves homosexuality		
		Sexual behavior towards others (aggressive)		
4)	X	Hoarding/Saving Obsessions -	Current	Past
		Fear of losing things		
5)	X	Magical Thoughts/Superstitious Obsessions -	Current	Past
		Lucky/unlucky numbers, colors, words		
6)	X	Somatic Obsessions -	Current	Past
		Excessive concern with illness or disease*		
		Excessive concern with body part or aspect of appearance (e.g. dysmorphophobia)		
7)	X	Religious Obsessions -	Current	Past
		Excessive concern or fear of offending religious objects (God)		
		Excessive concern with right/wrong, morality		
8)	X	Miscellaneous Obsessions -	Current	Past
		The need to know or remember		
		Fear of saying certain things		
		Fear of not saying just the right thing		
		Intrusive (non-violent) images		
		Intrusive sounds, words, music or numbers		

Target Symptom List for Obsessions				
Please list the four most severe obsessions, in order of severity (with #1 being the most severe, #2 second most severe, etc.)				
1.				
2.				
3.				
4.				
CY-BOCS Compulsions Checklist				
Check all symptoms that apply.				
- Washing/Cleaning Compulsions -			Current	Past
	Excessive or ritualized handwashing			
	Excessive or ritualized showering, bathing, toothbrushing, grooming, toilet routine			
	Excessive cleaning of items (such as personal clothes or important objects)			
	Other measures to prevent or remove contact with contaminants			
	Other (Describe)			
- Checking Compulsions -			Current	Past
	Checking locks, toys, school books/items, etc.			
	Checking associated with getting washed, dressed, or undressed			
	Checking that did not/will not harm others			
	Checking that did not/will not harm self			
	Checking that nothing terrible did/will happen			
	Checking that did not make a mistake			
	Checking tied to somatic obsessions			
	Other			

- Repeating Rituals -		Current	Past
	Rereading, erasing, or rewriting		
	Need to repeat routine activities (e.g. in/out of doorway, up/down from chair)		
	Other		
- Counting Compulsions -		Current	Past
	Objects, certain numbers, words, etc.		
	Other		
- Ordering/Arranging -		Current	Past
	Need for symmetry/evening up (e.g. lining items up a certain way or arranging personal items inspecific patterns)		
	Other		
- Hoarding/Saving Compulsions -		Current	Past
	Distinguish from hobbies and concern with objects of monetary or sentimental value.		
	Difficulty throwing things away, saving bits of paper, string, etc.		
	Other		
- Excessive Games/Superstitious Behaviors -		Current	Past
	Distinguish from age appropriate magical games (e.g., array of behavior, such as stepping over certain spots on a floor, touching an object/self certain number of times as a routine game to avoid something bad from happening.)		
	Other		
- Rituals Involving Other Persons -		Current	Past
	The need to involve another person (usually a parent) in ritual (e.g., asking a parent to repeatedly answer the same question, making mother perform certain meal time rituals involving specific utensils.)		
	Other (Describe)		
- Miscellaneous Compulsions -		Current	Past
	Mental rituals (other than checking/counting)		
	The need to tell, ask, or confess		
	Measures (not checking) to prevent harm to self , harm to		

	others , or terrible consequences		
	Ritualized eating behaviors*		
	Excessive list making*		
	Need to touch, tap, rub*		
	Need to do things (e.g., touch or arrange) until it feels just right*		
	Rituals involving blinking or staring*		
	Trichotillomania (hair-pulling)*		
	Other self-damaging or self-mutilating behaviors		
	Other		

Target Symptom List for Compulsions

Please list the four most severe compulsions, in order of severity (with #1 being the most severe, #2 second most severe, etc.)

1.			
2.			
3.			
4.			

--	--	--	--